It is said that the fast pace of our everyday life, as a direct result of the rapid development of telecommunications technology and travel industry has negative effects on individuals, nations, and the globe. To what extent do you agree or disagree?

In this day and age due to the hectic pace of life, rarely <u>do</u> people find time to have physical activities or travel to see other cultures or just relax far from the sedentary lifestyle most of us are used to. Though attractive the technological achievements may seem at first, these developments specifically in telecommunications and travel industry backfire if we fail to manage them. This short essay elaborates on this hot debate, mainly focusing on the impacts of technological advances of travel and telecommunications industry.

Thanks to the recent telecommunications solutions, nowadays even ordinary members of society are able to enjoy the fruits of telecommunications advances such as smartphones, different social media, and most notably the Internet. Though such solutions have made our life easier and more often than not more enjoyable, the drawbacks of them such as isolation from real life should not be overlooked. Many a person suffers from different kinds of mental disorders only because of overuse of the internet and being drowned in/soaked into the virtual world. Getting used to sedentary lifestyle is another demerit of telecommunications advances which help us not to leave home for a wide range of activities that as late as 20 years ago we used to leave our home to do them.

Over the last half century, the travel industry has changed in a way that people from different social strata can travel to tourist resorts with affordably attractive offers, but the question is what percentage of those affording to pay for such tempting travels spend their leisure time traveling? An overwhelming majority of individuals do not have time to spend what they earned. They are just working and making money and regrettably under the pressure of heavy duties often cannot travel. A case in point is my manager who is a workaholic spending most his time at the office, and does not have time to see his close friends, let alone his parents living in Karaj, a city near Tehran where his office is located.

To cut a long story short, I can say that although our developments in telecommunications and travel industry may seem <u>like</u> a real achievement at first, the <u>respective</u> disadvantages—<u>of them</u> cannot be overlooked. We have to benefit from <u>them</u> in a wiser way <u>which</u> then we can consider <u>them</u> a true achievement.